

# Contents

List of List of	e to the Fifth Edition Editors Contributors wledgments ntion	xxvii xxviii xxix l li
Volu	me One: Principles	
edite	d by Geoffrey C. Gurtner and Andrea L. Pusic	
1	Plastic surgery and innovation in .medicine Peter C. Neligan	1
2	History of reconstructive and aesthe* surgery Riccardo F. Mazzola and Isabella C. Mazzola	9
3	Applying psychology to routine plastic surgery practice Nichola Rumsey and Alex Clarke	24
4	The role of ethics in plastic surgery and medico-legal issues in plastic surgery Michele A. Manahan and B. Aviva Preminger	32
5	Business principles for plastic surgeons C. Scott Hultman	37
6	Value-based healthcare Justin M. Broyles, Clifford C. Sheckter, and Anaeze C. Offodile 2nd	20
7	Digital photography in plastic surgery Daniel Z. Liu	66
8	Pre- and intra-operative imaging for plastic surgery  Arash Momeni and Lawrence Cai	83
9	Patient safety in plastic surgery Jessica Erdmann-Sager and Christopher J. Pannucci	94
10	Anesthesia and pain management in plastic surgery Paul N. Afrooz and Franklyn P. Cladis	101
11	Evidence-based medicine and health services research in plastic surgery Sophocles H. Voineskos, Lucas Gallo, Andrea L. Pusic, and Achilleas Thoma	115
12	Patient-reported outcomes in plastic surgery Sophocles H. Voineskos, Danny Young-Afat, Madelijn Gregorowitsch, Jonas A. Nelson, Anne F. Klassen, and Andrea L. Pusic	135
13	Health services research in plastic surgery Jacqueline N. Byrd and Kevin C. Chung	146
14	Principles of cancer management Stav Brown and Babak J. Mehrara	153
15	Wound healing Kristo Nuutila, David E. Varon, and Indranil Sinha	163
16	Scar prevention, treatment, and revision Michelle F. Griffin, Evan Fahy, Michael S. Hu, Elizabeth R. Zielins, Michael T. Longaker, and H. Peter Lorenz	186

17	Skin grafting Shawn Loder, Benjamin Levi, and Audra Clark	206
18	Tissue engineering Ramin Shayan and Karl-Anton Harms	220
19	Repair, grafting, and engineering of cartilage Wei Liu, Guangdong Zhou, and Yilin Cao	235
20	Repair and grafting of bone Iris A. Seitz, Chad M. Teven, Bryce Hendren-Santiago, and Russell R. Reid	265
21	Repair and grafting of peripheral nerve Hollie A. Power, Kirsty Usher Boyd, Stahs Pripotnev, and Susan E. Mackinnon	295
22	Repair and grafting fat and adipose tissue J. Peter Rubin	309
23	Vascular territories Steven F. Morris and G. lan Taylor	321
24	Flap physiology, classification, and applications Joon Pio Hong and Peter C. Neligan	346
25	Principles and techniques of microvascular surgery Fu-Chan Wei, Sherilyn Keng Lin Tay, and Nidal F. Al Deek	414
26	Tissue expansion and implants Britta A. Kuehlmann, Eva Brix, and Lukas M. Prantl	442
27	Principles of radiation therapy Stephanie K. Schaub, Joseph Tsai, and Gabrielle M. Kane	452
20	Lymphedema: pathophysiology and saic science sav Brown, Michelle Coriddi, and Babak J. Mehrara	472
29	Benign and malignant nonmelanocytic tume is of the skin and soft tissue	490
30	Melcoma Sydney Charg and Alexander H.R. Varey	521
31	Implants and biomaterials Dharshan Sivaraj, Dominic Henn, Timothy W. King, and Kellen Chen	544
32	Transplantation in plastic surgery Yannick F. Diehm, Valentin Haug, Martin Kauke-Navarro, and Bohdan Pomahac	555
33	Technology innovation in plastic surgery: a practical guide for the surgeon innovator David Perrault, Leila Jazayeri, and Geoffrey C. Gurtner	568
34	Robotics in plastic surgery Karim A. Sarhane and Jesse C. Selber	582
35	Digital technology in plastic surgery Lynn Jeffers, Hatem Abou-Sayed, and Haley M. Jeffers	594
36	Aesthetic improvement through noninvasive technologies Stelios C. Wilson and Charles H. Thorne	613
37	Education and teaching in plastic surgery Lydia Helliwell and Johanna N. Riesel	619

38	Global plastic surgery Johanna N. Riesel, Peter Nthumba, George Ho, and Amanda Gosman	625	9.5	Facelift: Platysma-SMAS plication Miles G. Berry, James D. Frame III, and Dai M. Davies	203
39	Gender-affirming surgery Shane D. Morrison, William M. Kuzon Jr., and Jens U. Berli	634	9.6	Facelift: Lateral SMASectomy facelift Daniel C. Baker and Steven M. Levine	212
Index	Share D. Momson, Willam W. Ruzon di., and Jens O. Delli	652	9.7	Facelift: The extended SMAS technique in facial rejuvenation  James M. Stuzin	219
	me Two: Aesthetic by J. Peter Rubin and Alan Matarasso		9.8	High SMAS facelift: combined single flap lifting of the jawline, cheek, and midface Timothy Marten and Dino Elyassnia	236
1	Managing the aesthetic surgery patient Michelle B. Locke and Foad Nahai	1	9.9	The lift-and-fill facelift Stav Brown, Justin L. Bellamy, and Rod J. Rohrich	282
2	Principles of practice management and social media for cosmetic surgery  Ashley N. Amalfi, Josef G. Hadeed, and Smita R.	13		Neck rejuvenation James E. Zins and Jacob Grow	301
Section	Ramanadham  I: Aesthetic Anesthesia Techniques		9.11	Male facelift Timothy Marten and Dino Elyassnia	319
	Essential elements of patient safety in aesthetic plastic surgery  Jeremy T. Joseph, Gabriele C. Miotto, Felmont F	18	9.12	Secondary facelift irregularities and the secondary facelift Timothy Marten and Dino Elyassnia	345
4	Eaves III, and Galen Perdikis  Pain management in plastic surgery  Anna R. Schoenbrunner and Jeffrey E. Janis	25	9.13	Perioral rejuvenation, including chin and genioplasty Ali Totonchi and Bahman Guyuron	390
5	Anatomic blocks of the face and neck Stelios C. Wilson and Barry Zide	33	9.14	Facial feminization Patrick R. Keller, Matthew Louis, and Devin Coon	404
6	Local anesthesia Malcolm D. Paul	42	10	Editors' perspective: brow and eye  Alan Matarasso	424
	II: Aesthetic Surgery of the Face Non-surgical skin care and rejuvenation Zoe Diana Draelos	47	11	Forehead rejuvenation Richard Warren	425
8.1	Editors' perspective: injectables and non-surgical resurfacing techniques  J. Peter Rubin	53	13	Endoscopic brow lift Renato Saltz and Eric W. Anderson Blepharoplasty	441 453
8.2	Injectables and resurfacing techniques: Soft-tissue fillers Kavita Mariwalla	54	\ _	Ollius Few Jr., and Marco Ellis  Gerondary blepharoplasty  Gun Z. Aschen and Henry M. Spinelli	484
8.3	Injectables and resurfacing techniques: Botulinum toxin/neurotoxins Rawaa Almukhtar and Sabrina G. Fabi	73	15	Asian facial cosmetic surgery  ong W o Choi, Tae Suk Oh, Hong Lim Choi, and Clyde Ish	513
8.4	Injectables and resurfacing techniques: Lasers in aesthetic surgery Jonathan Cook, David M. Turer, Barry E. DiBernardo,	84		Facial a grafting Francescgro, Sydney R. Coleman, and J. Peter Russ	559
8.5	and Jason N. Pozner Injectables and resurfacing techniques:		17	Editors' perspective: nose Alan Matarasso	567
	Chemical peels Richard H. Bensimon and Peter P. Rullan	96	18	Nasal analysis and anatomy Rod J. Rohrich and Paul N. Afrooz	568
8.6	,	118		Open technique rhinoplasty Rod J. Rohrich and Paul N. Afrooz	581
9.1	Luiz S. Toledo Editors' perspective: surgical facial			Closed technique rhinoplasty Mark B. Constantian	607
	Alan Matarasso	130	21	Airway issues and the deviated nose Ali Totonchi, Bryan Armijo, and Bahman Guyuron	647
	Bryan Mendelson and Chin-Ho Wong	131	22	Secondary rhinoplasty David M. Kahn, Danielle H. Rochlin, and	662
9.3	Principles and surgical approaches of facelift Richard J. Warren	149	23	Ronald P. Gruber  Otoplasty and ear reduction	681
9.4	Facelift: Facial rejuvenation with loop sutures: the MACS lift and its derivatives  Patrick Tonnard, Alexis Verpaele, and Rotem Tzur	180		Charles H. Thorne  Hair restoration  Alfonso Barrera and Victor Zhu	690

	n III: General Aesthetic Surgery Editors' perspective: liposuction  J. Peter Rubin	700		me Three: Craniofacial, Head and Neck Sur Pediatric Surgery	gery
25.2	Liposuction: a comprehensive review of techniques and safety Gianfranco Frojo, Jayne Coleman, and Jeffrey Kenkel	701	Richard	: <b>Craniofacial</b> , <b>Head and Neck Surgery</b> : edited by d A. Hopper	
25.3	Correction of liposuction deformities with the SAFE liposuction technique Simeon H. Wall Jr. and Paul N. Afrooz	723	1	Management of craniomaxillofacial fractures Srinivas M. Susarla, Russell E. Ettinger, and Paul N. Manson	2
26	Editors' perspective: abdominal contouring  Alan Matarasso	731	2	Scalp and forehead reconstruction Alexander F. Mericli and Jesse C. Selber	39
27	Abdominoplasty  Alan Matarasso  Alan Matarasso	732	3	Aesthetic nasal reconstruction Frederick J. Menick	52
28	Lipoabdominoplasty with anatomical definition:	775	4	Auricular construction Dale J. Podolsky, Leila Kasrai, and David M. Fisher	110
	a new concept in abdominal aesti etic surgery Osvaldo Ribeiro Saldanha, Andres F. Conchica Cano, Taisa Szolomicki, Osvaldo Saldanha Filho, and Cristianna Bonetto Saldanha	775	5	Secondary treatment of acquired cranio-orbital deformities  Allan B. Billig and Oleh M. Antonyshyn	138
29	Editors' perspective: truncal contouring J. Peter Rubin	785	6.1	Computerized surgical planning: introduction Richard A. Hopper	155
	Bra-line back lift Joseph Hunstad and Saad A. Alsubaie	786	6.2	Three-dimensional virtual planning in orthognathic surgery	157
31	Belt lipectomy Amitabh Singh and Al S. Aly	792	6.3	Pradip R. Shetye and Srinivas M. Susarla  Computerized surgical planning in head and	
32	Circumferential approaches to truncal contouring in massive weight loss patients: the lower lipo-bodylift	(18		neck reconstruction Maureen Beederman, Adam S. Jacobson, David L. Hira and Jamie P. Levine	<b>173</b> sch,
າາ	Dirk F. Richter and Nina Schwaiger	10	7	Introduction to post-oncologic reconstruction Zoe P. Berman and Eduardo D. Rodriguez	188
งง	Circumferential approaches to truncal contouring: autologous buttocks augmentation with purse-string gluteoplasty Joseph P. Hunstad and Nicholas A. Flugstad	834	8	Overview of head and neck soft-tissue and bony tumors Sydney Ch'ng, Edwin Morrison, Pratik Rastogi, and Yu-Ray Chen	190
34	Circumferential approaches to truncal contouring: lower bodylift with autologous gluteal flaps for augmentation and preservation of gluteal contour  Robert F. Centeno and Jazmina M. Gonzalez	841	-	. ost-oncologic midface reconstruction: theemorial Sloan-Kettering Cancer Center and MD Anderson Cancer Center approaches	217
35.1	Editors' perspective: buttock augmentations  J. Peter Rubin	854	10	Local faps for facial coverage Nicholog Do and John Brian Boyd	229
35.2	Buttock augmentation with implants Jose Abel De la Peña Salcedo, Jocelyn Celeste	855	11	Lip recurrenction Julian J. Palsaz and Mitchell Buller	256
35.3	Ledezma Rodriguez, and David Gonzalez Sosa  Buttock shaping with fat grafting and liposuction	869	12	Oral cavity, tongue, and mandibular reconstructions  Ming-Huei Cheng	275
	Constantino G. Mendieta, Thomas L. Roberts III, and Terrence W. Bruner	000	13	Hypopharyngeal, esophageal, and neck reconstruction	302
36	Upper limb contouring Margaret Luthringer, Nikita O. Shulzhenko, and Joseph F. Capella	878	14	Min-Jeong Cho and Peirong Yu  Secondary facial reconstruction  Afaaf Shakir and Lawrence J. Gottlieb	336
37	Medial thigh Samantha G. Maliha and Jeffrey Gusenoff	891	15	Facial paralysis Simeon C. Daeschler, Ronald M. Zuker, and	359
38	Post-bariatric reconstruction Jonathan W. Toy and J. Peter Rubin	898	16	Gregory H. Borschel  Surgical management of facial pain, including	
39	Energy devices in aesthetic surgery David Turer, Jonathan Cook, Jason Pozner, and Barry DiBernardo	919		migraines Anna Schoenbrunner and Jeffrey E. Janis	390
40	Aesthetic genital surgery Gary J. Alter	926	17	Facial feminization Luis Capitán, Daniel Simon, and Fermín Capitán-Cañadas	400

951

Index

Part 2	: Pediatric Surgery: edited by Joseph E. Losee		25.2	Nonsyndromic craniosynostosis	808
	Embryology of the craniofacial complex Jingtao Li and Jill A. Helms	442	25.3	Sameer Shakir and Jesse A. Taylor  Multisutural syndromic synostosis Richard A. Hopper and Benjamin B. Massenburg	827
	I: Clefts Unilateral cleft lip: introduction Joseph E. Losee and Michael R. Bykowski	451	25.4	Neurosurgical and developmental issues in craniosynostosis	849
19.2	Rotation advancement cheiloplasty Philip Kuo-Ting Chen and Lucia Pannuto	456		Alexandra Junn, John T. Smetona, Michael Alperovich, and John A. Persing	
19.3	Extended Mohler repair Roberto L. Flores	488	26	Craniofacial microsomia Craig B. Birgfeld and Scott P. Bartlett	859
19.4	Anatomic subunit approximation approach to unilateral cleft lip repair Raymond W. Tse and David M. Fisher	499	27	Idiopathic progressive hemifacial atrophy Peter J. Taub, Kathryn S. Torok, Daniel H. Glaser, and Lindsay A. Schuster	887
20	Repair of bilateral cleft lip John B. Mulliken and Daniel M. Balkin	519	28	Robin sequence Sofia Aronson, Chad A. Purnell, and Arun K. Gosain	902
21.1	Cleft palate: introduction  Michael R. Bykowski and Joseph E. Losee	538	29	Treacher Collins syndrome Irene Mathijssen	923
04.0			Section	n III: Pediatrics	
21.2	Straight line repair with intravelar velociasty (IVVP)  Brian Sommerlad	542	30	Congenital melanocytic nevi Sara R. Dickie, Neta Adler, and Bruce S. Bauer	935
21.3	Double opposing Z-palatoplasty  Jordan N. Halsey and Richard E. Kirschner	549	31	Vascular anomalies Arin K. Greene and John B. Mulliken	952
21.4	Buccal myomucosal flap palate repair Robert Joseph Mann	557	32	Pediatric chest and trunk deformities Han Zhuang Beh, Andrew M. Ferry, Rami P. Dibbs, Edward P. Buchanan, and Laura A. Monson	974
21.5	The buccal fat pad flap James D. Vargo and Steven R. Buchman	<b>507</b>	33	Pediatric tumors  Matthew R. Greives, George Washington, Sahil Kapur,	988
21.6	Oral fistula closure Mirko S. Gilardino, Sabrina Cugno, and Abdulaziz Alabdulkarim	575	34	and Michael Bentz  Conjoined twins	1001
21.7	Alveolar clefts Katelyn Kondra, Eloise Stanton, Christian Jimenez, Erik M. Wolfswinkel, Stephen Yen, Mark Urata, and Jeffrey Hammoudeh	583	/naex	Anna R. Carlson, Gregory G. Heuer, and lesse A. Taylor	101
21 8	Orthodontics in cleft lip and palate				
21.0	management Alvaro A. Figueroa, Alexander L. Figueroa, Gerson R.	592		ne Four: Lower Extremity, Trunk and Burns	
21.9	Chinchilla, and Marta Alvarado  Velopharyngeal dysfunction	618		Comenensive lower extremity anatomy	1
	Richard E. Kirschner, Hannah J. Bergman, and Adriane L. Baylis		2	Rajiv P. Carkn and Grant M. Kleiber  Managemen' of lower extremity trauma	52
21.10	Secondary deformities of the cleft lip, nose,			Hyunsuk Peter Suh	
	and palate	636	Section	on I: Lower Extremity Surgery	
	Han Zhuang Beh, Rami P. Dibbs, Andrew M. Ferry, Robert F. Dempsey, Edward P. Buchanan, and Larry H. Hollier Jr.		3.1	Lymphedema: introduction and editors' perspective Joon Pio Hong and David H. Song	76
	Cleft and craniofacial orthognathic surgery Stephen B. Baker, Brian L. Chang, and Anusha Singh	661	3.2	Imaging modalities for diagnosis and treatmen of lymphedema	t 78
	ı II: Craniofacial			Balazs Mohos and Chieh-Han John Tzou	
22	Pediatric facial fractures  John T. Smetona, Jesse A. Goldstein, Michael R.  Bykowski, and Joseph E. Losee	708	3.3	<b>Lymphaticovenular bypass</b> Wei F. Chen, Lynn M. Orfahli, and Vahe Fahradyan	92
23	Orbital hypertelorism Eric Arnaud, Giovanna Paternoster, Roman Khonsari,	726	3.4	Vascularized lymph node transplant Rebecca M. Garza and David W. Chang	102
24	Samer E. Haber, and Syril James  Craniofacial clefts	747	3.5	Debulking strategies and procedures: liposuction of leg lymphedema	111
	James P. Bradley and Henry K. Kawamoto Jr.			Håkan Brorson	
25.1	Craniosynostosis: introduction Christopher R. Forrest and Johanna N. Riesel	775	3.6	Debulking strategies and procedures: excision Hung-Chi Chen and Yueh-Bih Tang	120

Contents ix

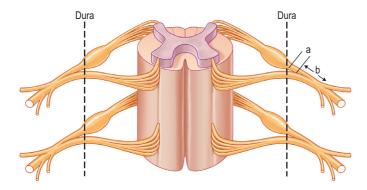
4	Lower extremity sarcoma reconstruction Andrés A. Maldonado, Günter K. Germann, and Michael Sauerbier	128	15	Reconstruction of acquired vaginal defects Leila Jazayeri, Andrea L. Pusic, and Peter G. Cordeiro	452
5	Reconstructive surgery: lower extremity coverage	154		Pressure sores Ibrahim Khansa and Jeffrey E. Janis	462
6.1	Joon Pio Hong  Diagnosis, treatment, and prevention of lower		17	Perineal reconstruction Ping Song, Hakim Said, and Otway Louie	489
	extremity pain Brian L. Chang and Grant M. Kleiber	180	Section	on III: Burn Surgery	
6.2	Targeted muscle reinnervation in the lower extremity	190	18	Burn, chemical, and electrical injuries Raphael C. Lee and Chad M. Teven	501
	Brian L. Chang and Grant M. Kleiber	190	19	Extremity burn reconstruction S. Raja Sabapathy, R. Raja Shanmugakrishnan, and	538
0.3	Lower extremity pain: regenerative peripheral nerve interfaces Nishant Ganesh Kumar, Theodore A. King, and Paul S. Cederna	203	20	Vamseedharan Muthukumar  Management of the burned face and neck Vinita Puri and Venkateshwaran Narasiman	561
7	Skeletal reconstruction Marco Innocenti, Stephen Kovach III, Elecal yeattelli,	210	21 Index	Pediatric burns Sebastian Q. Vrouwe and Lawrence J. Gottlieb	<b>589</b>
8	and L. Scott Levin  Foot reconstruction	228	iridex		010
Ū	Romina Deldar, Zoe K. Haffner, Adaah A. Say, Ad. John S. Steinberg, Karen K. Evans, and	220	Volur	me Five: Breast	
0.4	Christopher E. Attinger	005	edited	d by Maurice Y. Nahabedian	
9.1	Diabetic foot: introduction Kevin G. Kim, Paige K. Dekker, John D. Miller,	265	Section	on I: Aesthetic Breast Surgery	
	Jayson N. Atves, John S. Steinberg, and Karen K. Evans	9	1	Preoperative assessment and planning of the aesthetic breast patient Kiya Movassaghi and Christopher N. Stewart	1
9.2	Diabetic foot: management of wounds and considerations in biomechanics and amputations	270	2	Current status of breast implants Patrick Mallucci and Giovanni Bistoni	13
9.3	Jayson N. Atves, John D. Miller, and John S. Steinberg  Diabetic foot: management of vascularity and	15	3	Primary breast augmentation with implants Charles Randquist	28
	considerations in soft-tissue reconstruction Paige K. Dekker, Kevin G. Kim, and Karen K. Evans	296	4	Autologous fat transfer: fundamental principles application for breast augmentation	5 52
	on II: Trunk, Perineum, and Transgender	011	/<	Poger Khalil Khouri, Raul A. Cortes, and	
10	Trunk anatomy J. Andres Hernandez, Andrew Nagy Atia, and Scott Thomas Hollenbeck	311	E	Daniel Calva-Cerquiera  Jusur L Perez, Daniel J. Gould, Michelle Spring,	69
11	Reconstruction of the chest Brian L. Chang, Banafsheh Sharif-Askary, and	327	6	and v. Grant Stevens  Mastoper after massive weight loss	83
40	David H. Song	054	·	Francesco 1. Egro and J. Peter Rubin	00
12	Reconstruction of the posterior trunk Reuben A. Falola, Nicholas F. Lombana, Andrew M. Altman, and Michel H. Saint-Cyr	354	7	Prevention and management of complications following breast	
13	Abdominal wall reconstruction Gregory A. Dumanian	388		augmentation and mastopexy M. Bradley Calobrace and Chester J. Mays	92
14.1	Gender confirmation surgery: diagnosis and management Loren Schechter and Rayisa Hontscharuk	407	8	Short scar breast reduction Elizabeth Hall-Findlay, Elisa Bolletta, and Gustavo Jiménez Muñoz Ledo	102
14.2	Gender confirmation surgery, male to female: vaginoplasty Loren Schechter and Rayisa Hontscharuk	414	9	Reduction mammaplasty with inverted-T techniques  Maurice Y. Nahabedian	131
14.3	Gender affirmation surgery, female to male: phalloplasty; and correction of male genital defects	421	10	Breast implant illness: diagnosis and management Caroline A. Glicksman and Patricia McGuire	154
	Alexander Y. Li, Walter C. Lin, and Bauback Safa		11	Breast implant-associated anaplastic large cell	
14.4	Breast, chest wall, and facial considerations in gender affirmation Kaylee B. Scott, Dana N. Johns, and Cori A. Agarwal	439		lymphoma (BIA-ALCL): diagnosis and management Mark W. Clemens, Eliora A. Tesfaye, and Anand Deva	160

12	A critical analysis of irrigation solutions in breast surgery Grace Keane, Marissa M. Tenenbaum, and	174	29	Breast reconstruction with the latissimus dorsi flap Dennis C. Hammond	355
13	Terence M. Myckatyn Imaging and surveillance in patients with breast implants	182	30	Autologous breast reconstruction with the DIEP flap Adrian McArdle and Joan E. Lipa	371
14	Bradley Bengtson, Patricia McGuire, Caroline Glicksman, and Pat Pazmiño  Breast implant explantation: indications and strategies to optimize aesthetic outcomes	191	31	Autologous breast reconstruction with the free TRAM flap Jin Sup Eom and Hyunho Han	396
15	Connor Crowley, M. Bradley Calobrace, Mark W. Clemens, and Neil Tanna  Management strategies for gynecomastia	200	32	Autologous breast reconstruction with the superficial inferior epigastric artery (SIEA) flap	413
	Michele Ann Manahan  Management options for gender affirmation surgery of the breast	207	33	Pierre Chevray Introduction to autologous reconstruction with alternative free flaps Maurice Y. Nahabedian	420
04	Ara A. Salibian, Gaines Blasdel, and Raciel Bluebond-Langner		34	Gluteal free flaps for breast reconstruction Salih Colakoglu and Gedge D. Rosson	424
	Preoperative evaluation and planning for breast reconstruction following	000	35	Autologous breast reconstruction with medial thigh flaps Venkat V. Ramakrishnan and Nakul Gamanlal Patel	433
18	mastectomy Saïd C. Azoury and Liza C. Wu Perfusion assessment techniques following	222	36	Autologous breast reconstruction with the profunda artery perforator (PAP) flap  Adam T. Hauch, Hugo St. Hilaire, and Robert J. Allen, Sr.	450
40	mastectomy and reconstruction Alex Mesbahi, Matthew Cissell, Mark Venturi, and Louisa Yemc	237	37	Autologous reconstruction with the lumbar artery perforator (LAP) free flap Phillip Blondeel and Dries Opsomer	461
	Introduction to prosthetic breast reconstruction  Maurice Y. Nahabedian	239	38		468
20	One- and two-stage prepectoral reconstruction with prosthetic devices  Alberto Rancati, Claudio Angrigiani, Maurizio Nava,  Dinesh Thekkinkattil, Raghavan Vidya, Marcelo Irigo,	247	1	innervation of autologous flaps Aldona J. Spiegel and Janak A. Parikh	475
0.4	Agustin Rancati, Allen Gabriel, and Patrick Maxwell			Stacked and conjoined flaps Nic olas T. Haddock and Sumeet S. Teotia	481
	One-stage dual-plane reconstruction with prosthetic devices  Brittany L. Vieira and Amy S. Colwell	265	41	Management of complications following and course breast reconstruction  Anne C. O'Neill, Vincent J. Choi, and Stefan O.P. Hofer	488
22	Two-stage dual-plane reconstruction with prosthetic devices  Ara A. Salibian and Nolan S. Karp	280	42	Enhanced recovery after surgery (ERAS) protocols in Least surgery: techniques and outcomes	498
23	Two-stage prosthetic reconstruction with total muscle coverage  Colleen M. McCarthy and Peter G. Cordeiro	293	43	Nicholas F. Lombana, Reuben A. Falola, John C. Cargile, and Michel H. Saint-Cyr Secondary procedures following autologous	
24	Skin reduction using "smile mastopexy" technique in breast reconstruction Kiya Movassaghi and Christopher N. Stewart	298		reconstruction Jian Farhadi and Vendela Grufman	516
25	Management of complications of prosthetic breast reconstruction  Nima Khavanin and John Y.S. Kim	304		Introduction to oncoplastic breast surgery Maurice Y. Nahabedian  Partial breast reconstruction using reduction	526
26	Secondary refinement procedures following prosthetic breast reconstruction Roy de Vita and Veronica Vietti Michelina	317	46	and mastopexy techniques  Albert Losken, Nusaiba F. Baker, and Alexandre Munho.  Oncoplastic breast reconstruction: local flap	
27	Introduction to autologous breast reconstruction with abdominal free flaps	336	47	Moustapha Hamdi and Claudio Angrigiani  Surgical and para surgical management of	547
28	Maurice Y. Nahabedian  Breast reconstruction with the pedicle TRAM flap  Jake C. Laun and Julian J. Pribaz	340	41	Surgical and non-surgical management of breast cancer-related lymphedema Ketan M. Patel, Emma C. Koesters, Rachel Lentz, and Orr Shauly	556

Contents

48	indications, techniques, and outcomes  Jaume Masià, Cristhian D. Pomata, and Javier Sanz	567	Section III: Specific Disorders  15 Infections of the hand  Andrew O'Brien, Ryan P. Calfee, Jana Dengle	<b>337</b> er, and
49	Robotic-assisted autologous breast reconstruction	581	Amy M. Moore <b>16 Tumors of the hand</b>	356
50	Karim A. Sarhane and Jesse C. Selber  Total breast reconstruction by external		Kashyap K. Tadisina, Justin M. Sacks, and Mitchell A. Pet	
	vacuum expansion (EVE) and autologous fat transfer (AFT) Andrzej Piatkowski and Roger K. Khouri	590	17 Dupuytren's disease  James K-K. Chan, Paul M.N. Werker, and Jagdeep Nanchahal	384
51	Current options for nipple reconstruction David Chi and Justin M. Sacks	603	<b>18</b> Osteoarthritis in the hand and wrist Paige M. Fox, J. Henk Coert, and Steven L. N	411 Noran
Index		610	19 Rheumatologic conditions of the hand and wrist	449
Volur	me Six: Hand and Upper Extractly		<ul><li>Douglas M. Sammer and Kevin C. Chung</li><li>Ccupational disorders of the hand Celine Yeung and Steven J. McCabe</li></ul>	491
Introdu	uction: Plastic surgery contributions to hand surgery  James Chang	liii	Section IV: Nerve Disorders 21 Nerve entrapment syndromes	499
Sectio	on I: Principles of Hand Surgery		Elisabet Hagert and Donald Lalonde	100
	Anatomy and biomechanics of the hand James Chang, Anais Legrand, Francisco J.	1	<b>22</b> Peripheral nerve repair and reconstruc Simon Farnebo, Johan Thorfinn, and Lars B. 1	Dahlin
2	Valero-Cuevas, Vincent R. Hentz, and Robert A. Chase Examination of the upper extremity	49	23 Brachial plexus injuries: adult and ped Johnny Chuieng-Yi Lu and David Chwei-Chin Chuang	
2	Ryosuke Kakinoki	70	24 Tetraplegia	585
3	Diagnostic imaging of the hand and wrist Alphonsus K.S. Chong, Janice Liao, and David M.K. Tan	6	Carina Reinholdt and Catherine Curtin  25 Tendon transfers	605
4	Anesthesia for upper extremity surgery Eugene Park, Jonay Hill, Vanila M. Singh, and Subhro K. Sen	95	Neil F. Jones  26 Nerve transfers Kirsty Usher Boyd, Ida K. Fox, and	638
5	Principles of internal fixation Margaret Fok, Jason R. Kang, Christopher Cox, and Jeffrey Yao	109	Susan E. Mackinnon  27 Free-functioning muscle transfer  arrieon C. Daeschler, Kristen M. Davidge,	665
	on II: Trauma Reconstruction		Galia Harhaus, and Gregory H. Borschel	
6	Nail and fingertip reconstruction  Amanda Brown, Brian A. Mailey, and  Michael W. Neumeister	123	Section V: Challenging Disorders  28 Thuschemic hand  Hee Grang Ahn, Jung Soo Yoon, and Neil F.	680 Jones
7	Hand fractures and joint injuries Warren C. Hammert and Randy R. Bindra	147	29 The spastic hand Caroling Lec group, Nathalie Bini, and Charlotte	704
8	Fractures and dislocations of the wrist and distal radius Steven C. Haase and Kevin C. Chung	173	<b>30</b> The stiff hand David T. Netscher, Rita E. Baumgartner, Kimbe Staines, and Logan W. Carr	<b>716</b> erly Goldie
9	Flexor tendon injuries and reconstruction  Jin Bo Tang	193	<b>31 The painful hand</b> Hazel Brown, Anna Berridge, Dennis Hazell, H	<b>735</b> Parashar
10	Extensor tendon injuries	230	Ramanuj, and Tom J. Quick	
11	Kai Megerle and Karl-Josef Prommersberger  Replantation	250	Section VI: Congenital Disorders	fication
	Dong Chul Lee and Eugene Park		32 Congenital hand I: Embryology, classif and principles	746
12	Reconstructive surgery of the mutilated hand S. Raja Sabapathy and Hari Venkatraman	272	Michael Tonkin and Kerby C. Oberg  33 Congenital hand II: Malformations –	
13	Thumb reconstruction: Non-microsurgical techniques  Jeffrey B. Friedrich, Nicholas B. Vedder, and Elisabeth Haas-Lützenberger	305	whole limb Aaron Berger, Soumen Das De, Bhaskaranand Kumar, and Pundrique Sharma	<b>770</b>
14	Thumb reconstruction: Microsurgical techniques Nidal F. Al Deek and Fu-Chan Wei	320	34 Congenital hand III: Malformations – abnormal axis differentiation – hand planting proximodistal and radioulnar Brinkley K. Sandvall and Charles A. Goldfarb	ate: 790

35	Congenital hand IV: Malformations –		Sectio	n VII: New Directions	
	abnormal axis differentiation – hand plate: unspecified axis Christianne A. van Nieuwenhoven	824	40	Treatment of the upper extremity amputee Gregory Ara Dumanian, Sumanas W. Jordan, and Jason Hyunsuk Ko	930
36	Congenital hand V: Deformations and dysplasias – variant growth Wee Leon Lam, Xiaofei Tian, Gillian D. Smith, and Shanlin Chen	842	41	Upper extremity composite allotransplantation Christopher D. Lopez, Joseph Lopez, Jaimie T. Shores, W.P. Andrew Lee, and	949
37	Congenital hand VI: Dysplasias – tumorous conditions  Amir H. Taghinia and Joseph Upton	868	42	Gerald Brandacher  Aesthetic hand surgery David Alan Kulber and Meghan C. McCullough	963
38	Congenital hand VII: Dysplasias – congenital contractures  Ellen Satteson, Paul C. Dell, Xiao Fang Shen, and Harvey Chim	898	43 Index	Hand therapy Wendy Moore, Minnie Mau, and Brittany N. Garcia	<b>983</b>
39	Growth considerations in the peura**ic upper extremity  Marco Innocenti and Sara Calabrese	909			





**Figure 23.2 (A)** The drawing shows that the postganglionic root is part "a"; the postganglionic spinal nerve is part "b" from the anatomy point of view; **(B)** an avulsion C7 (distal stump) during dissection.

Level II injury: inside the (scalene) muscle; it is postganglionic spinal nerve injury, located at the interscalene space proximal to the suprascapular nerve; pure level II injury is around 8%.

Level III injury: pre- and retroclavicular; it includes trunks and divisions; pure level III injury is about 5%.

Level IV injury: infraclavicular; including cords and terminal branches injury proximal to the axillary fossa; the second most commonly encountered injury, about 17%.

There are some relationships among the levels of injury:

- 1. An extended-level injury on the same nerve is frequently observed: for instance, C7 injury from the root level down to the interscalene space (level I and II injury).
- **2.** A combined-level injury on different nerves is common: for instance, C5 and C6 spinal nerve rupture injury (level II) accompanied with C7–T1 root avulsion (level I).
- **3.** A skip-level injury is rare: for instance, a longitudinal skip-level injury in which C5 and C7 are injured (avulsion or rupture) but C6 is intact; a horizontal skip-level injury in which level I and level III are injured, but level II is grossly intact.

Level IV injuries are usually isolated, and rarely show upward extension.

The term "supraclavicular BPI" will cover a large zone of injury, including level I, II, or III lesions.

Preoperative differentiation of supra- (level I–III) vs. infraclavicular (level IV) injury is important to avoid long incisions, unnecessary dissection and tissue damage, prolonged operative time, increased postoperative morbidity, and large scars <sup>42</sup> (Table 23.3). With the help of imaging studies and preoperative clinical evaluation, it is not difficult to diagnosis a level I lesion. However, when the injuries are incomplete, differential diagnosis becomes difficult.

#### Patterns of brachial plexus injury

There are two types of characteristic lesions seen in BPI: avulsion and rupture. Both are traction injuries but with different characteristics. Avulsion refers to the nerve being torn from its attachment (proximal avulsion occurs at the spinal cord, distal avulsion at the muscle or bone edge). Rupture is a nerve injury involving a traction force on an incompletely divided nerve, causing a complete division with irregular proximal and distal ends. In avulsion injury, only one disrupted end with a coiled spring-like appearance can be seen in the operative field in the acute stage (Figs. 23.3A & 23.4A), or a fusiform pattern (glioma) in the chronic stage (Figs. 23.3B & 23.4B). If a surgeon attempts to locate the other disrupted end, a second operative wound is usually required. However, in rupture injury the two nerve erds can be visualized in the same operative wound in the acute stage (Fig. 23.3C), or within a big neuroma noted in the chronic stage.

Not avulsion is very common in BPI due to its weak supp ing structures consisting of dura and dentate ligaments. A novel pproach of performing spinal cord implantation with or without nerve graft<sup>43–45</sup> showed unsatisfactory clinical results. This implies that in avulsion injury only one end (distal end) is available, while the other (proximal) end is absent or " suitable for repair. "Root injury" is an obscure term which may mean avulsion from the cord (true avulsion), or rupture contects at rootlets or roots. Root avulsion in BPI is usually accampanied by dura tearing and a cerebrospinal fluid leak with cyst formation, called pseudomeningocele. However, in some cases the root can be avulsed at its origin with an intact dura cone (called "avulsion in situ"). The nerve root may remain inside the spinal canal or at the dural orifice, giving a grossly normal appearance or loosening with curvature of the spinal nerve at the time of surgical intervention despite established paralysis. Most often, however, the entire avulsed root, including ventral, dorsal roots, and ganglia, retracts and migrates downward to the interscalene or preclavicular region (Fig. 23.2B).

#### Pathophysiology and degree of nerve injury

Timing of nerve exploration is dependent upon the degree of nerve injury. The degree of peripheral nerve injury can be classified into neuropraxia, axonotmesis, and neurotmesis (Seddon classification<sup>46</sup>) or grade 1–5 injury (Sunderland classification<sup>45</sup>). Seddon's axonotmesis or Sunderland's second-degree injury starts to have wallerian degeneration

Condition	Supraclavicular BPI	Infraclavicular BPI	DD
Isolated axillary nerve injury	Impossible	Yes	No need to DE
Isolated musculocutaneous nerve injury	Impossible	Yes	No need to DI
Shoulder dislocation		Yes	No need to DI
InfraclavicularTinel's sign (+)	+ (due to nerve regeneration)	+	Need to DD
Muscle strength examination		'	
(A) When supraspinatus (M0), serratus anterior (M0)	Yes	Impossible	No need to DI
(B) When supraspinatus (M>3), serratus anterior (M>3)	Impossible	Yes	No need to DI
(C) When supraspinatus (M<2), serratus anterior (M<2)	?	?	Need to DD
(C-1) when C-PM (M>3), teres major (M>3), LD (M>3)		Yes	No need to DD
(C-2) when C-PM (M<2), teres major (M>3), LD (M>3)	High possible level III		
(C-3) when C-PM (M<2), TM (M<2), LD (M<2)	P an possible level II-III		
Condition			
Scapular fracture	10	Potential lesion	
Imaging studies	Important Crievel I	Not important	
EMG, NCV	importani	important	
C-PM, Clavicular part of pectoralis major muscle; EMG, electromy	vography; LD, Latissianus dorsi; NCV, nerve co	onduction velocity.	1
Avulsion injury		Rupture injury Division	
		Traction Traction	
Coiled spring-like structure (acute stage)			

Figure 23.3 The drawing shows the mechanism of avulsion (A,B) vs. rupture (C) injury.

Fusiform pattern neuroma (chronic stage)

(B)

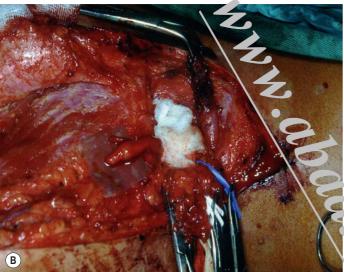
at proximal and distal stumps. Seddon's neurotmesis or Sunderland's third- to fifth-degree injury has the potential for aberrant reinnervation after nerve regeneration. In Sunderland's fourth- or fifth-degree injuries, only nerve repair can succeed in restoring continuity, but in first-, second- or third-degree injuries, spontaneous recovery, complete and incomplete, may occur.

## Timing of brachial plexus exploration

There are five possible time points for brachial plexus exploration and repair:

- 1. Immediate repair or repair within days or weeks
- 2. Early repair within a month
- **3.** Delayed early repair within 3–5 months





**Figure 23.4 (A)** Coiled spring-like structure with irregularity of stumps of C5 and C6 avulsion (acute stage); **(B)** fusiform pattern neuroma (or glioma) of the distal C7 stump (chronic stage) during dissection.

- **4.** Late repair more than 6 months
- **5.** Chronic repair more than one year

There is rarely an argument for immediate exploration after penetrating injury by sharp objects for direct nerve repair. Some surgeons also advocate exploration of the BPI as early as possible<sup>47,48</sup> for adult closed BPI for its advantages, including easy diagnosis of root avulsion and avoidance of difficult dissection through scarring. However, such early exploration is not recommended by most brachial plexus surgeons.<sup>31,33,37</sup> In cases of closed BPI, the degree and extent of injury are difficult to judge soon after injury and are often underestimated. The benefits of waiting usually outweigh the advantages of early surgery.<sup>41</sup>

#### **Clinical evaluation**

#### Etiology of adult brachial plexus injury

BPI may be caused by trauma (open or closed type), compression, tumor, infection, inflammation, toxins, and other etiologies.

#### Patient history

Patient history should include mechanism of injury, conscious level at the time of trauma, associated injury (such as head injury, fracture, open wound, chest injury, vascular injury), kinds of previous surgical intervention (such as chest intubation, cervical spine surgery), and characteristics of pain. This information helps to determine the degree and extent of injury and the need for surgical intervention. Mechanism of injury (e.g., upward or downward traction and with or without rotation) is not easily detected due to the patient's loss of consciousness or amnesia for the accident. A history of shoulder dislocation or glenoid fracture may have a high incidence of level IV injury, whereas a history of cervical spine injury or fracture may cause a level I root injury. Artery rupture and repair imply the site of nerve injury. For instance, arm traction by rolling machine or conveyor belt often causes an open wound in the axilla, extensive ecchymosis around the shoulder and chest (due to rupture of axillary vessels), and level IV BPI. Segmental thrombosis of the subclavian artery is usually associated with C8-T1 root injury. History of rib fracture and chest intubation may preclude intercostal nerve transfer because of a higher failure rate. 49 Extreme causalgia with or without a phantom limb is often seen in cases of root avulsion in lower-root (C8–T1) avulsion as they contain the richest sympathetic fibers. The pain character, like an electric shooting, continues for short duration for seconds, followed by spontaneous relief and recurrence. Extreme causalgia is also a major factor for poor outcome due to poor rehabilitation. Sometimes a partial Brown–Sequard syndrome (hemitransection of the spinal cord with ipsilateral upper motor neuron lecion below the level of lesion, and contralateral abnormal sensation to pain and temperature which may not be at the same level) is also noted in the level I injury. 50

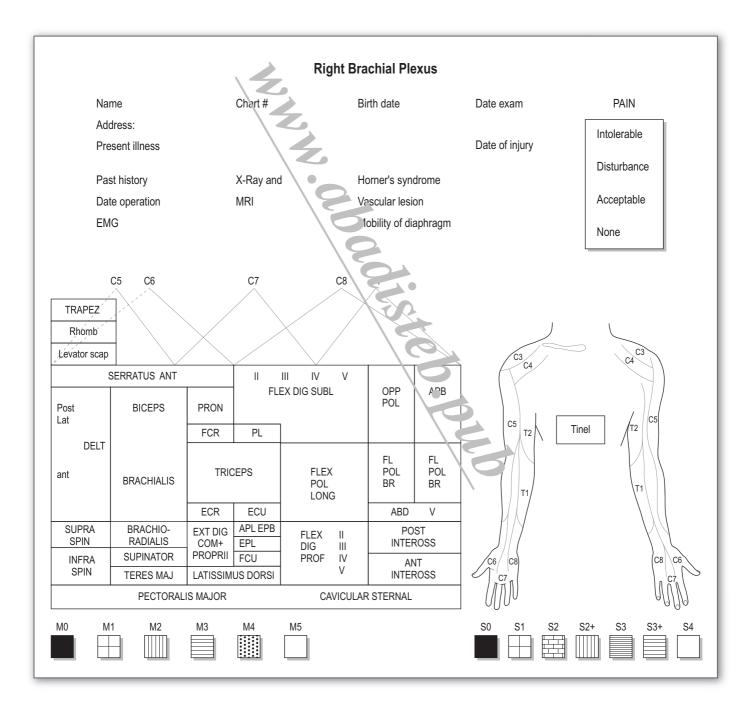
### Feeperative evaluation and diagnosis

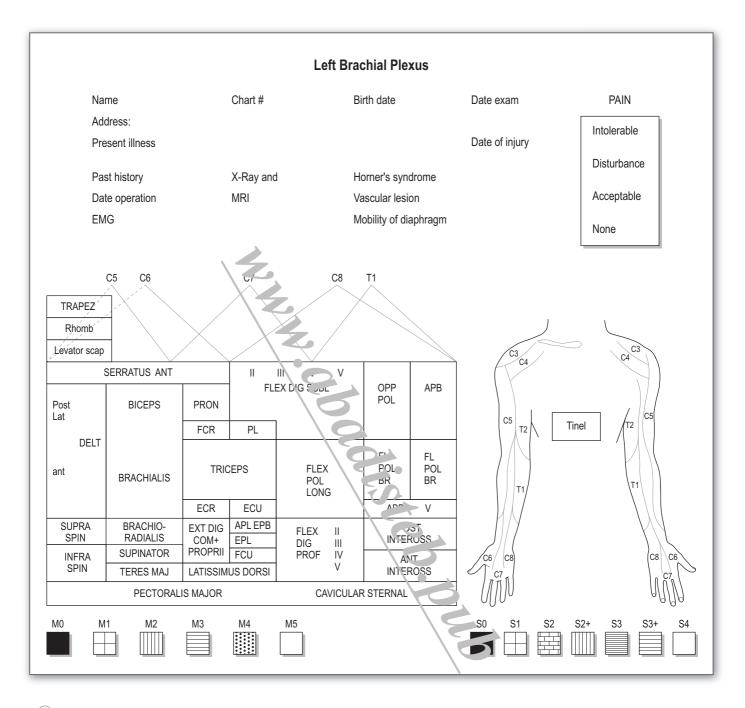
Most mult BPIs are closed injuries. Accurate assessment of the extent and severity of the injury in closed BPI is difficult. Climital evaluation is still essential and is the most important step in establishing the diagnosis of site and degree of injury, and deterning the treatment and prognosis. A brachial plexus chartal (left and right formats, Fig. 23.5) outlining the possible injury should be completed before definite brachial plexus surgery. This chart is filled at the initial examination, usually performed at 2 months after injury. The chart is also useful for follow-up evaluations allowing comparison of clinical pictures.

#### Motor examination

Muscle-by-muscle examination should be completed in a distal-to-proximal fashion and recorded, using the British Medical Research Council (MRC) scale (M0–5).<sup>51</sup> We have modified the motor evaluation system, adding more detailed differentiation: M5, strength against four fingers (examiner) resistance; M4, against one finger, resistance for longer than 30 seconds; and M3, against gravity (Table 23.4). M4 is recognized as useful muscle strength. The action of each muscle should be examined separately in relation to the movement of a single joint. Although there is no single muscle innervated by a single spinal nerve, some muscle palsy can give specific information related to the level of the injury. For instance:

- 1. Diaphragm palsy implies C4 and very proximal C5 (level I) injury.
- 2. The levator scapulae muscle lies anterior to the trapezius muscle in the neck, and can be more easily detected than the rhomboid muscles, which are covered by the trapezius muscle. Both levator scapulae and rhomboid muscles are innervated by the same nerve (dorsal scapular nerve, or C4 and C5). Preservation of its function in upper plexus or total plexus injury may imply C5 is a rupture injury (level II) with an available proximal stump.
- 3. Serratus anterior muscle: The long thoracic nerve has two portions: the upper portion originating from C5 and C6, and the lower portion from C7. The upper portion is responsible for scapular protraction, and the lower portion is important for scapular stabilization. Positive anterior traction of the scapula (shoulder protraction test) shows that at least C5 is ruptured after branching to the long thoracic nerve, so the proximal C5 is available for transfer. Scapular winging is observed only when the lower portion is denervated, but isolated C7 root avulsion is rarely seen in adult BPI. In pure





(**B**)

Figure 23.5 cont'd

C5–6 level I injury, the lower part of the muscle is still functional. The result of spinal accessory nerve transfer to the suprascapular nerve is much superior in the reconstruction of total root avulsion.

4. Clavicular and sternal portions of the pectoralis major muscle: The major pectoral muscle can be separated into two parts: clavicular and sternal parts. The clavicular part is innervated by upper and middle trunks or its divisions (lateral pectoral nerve), while the sternal part is innervated by the lower trunk (medial pectoral nerve). An incomplete or complete paralysis of the clavicular part of the pectoralis major muscle may imply at least level III or more proximal lesion.<sup>42</sup>

#### Sensory examination

Sensory evaluation should include sensory tests and elicitation of a Tinel's sign. Sensibility tests include pain and temperature appreciation, static and moving two-point discrimination, constant touch, and vibration. However,